



High Plains News

“Building a liberal spiritual community that welcomes all to lives of wholeness”

April 2014

High Plains Church - Unitarian-Universalist

Vol 21, No 4

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Great Start for Northside Music Series



Last fall, the Publicity Team, in conjunction with Joe Uveges, HPCUU Music Director, and Joe Catalano, long-time ticket meister for High Plains concerts and special events, decided to pool their efforts and create a music series for the north side of Colorado Springs. Three concerts were arranged, adding High Plains Church as an official venue on the Colorado Springs music scene map.

The first **Northside Music** concert, March 8, featured “The BUS: Braithwaite, Uveges, and Sokol,” a folk band with a popular following in Colorado Springs. It has been said that their covers of Crosby, Stills and Nash are the stuff of local legend. An enthusiastic crowd of over one hundred happy folks soaked up sounds of “The BUS” and sang along with the band right through the end of the evening. The concert made \$750 for the church coffers.

Special thanks goes to Carol Harper for her

inspired rainbow-peace headbands that added color and fun to the evening and to all the unsung dessert goddesses who served up yummy refreshments.

We’re looking forward to the April 12 concert, featuring “Edith Makes a Paperchain,” a whimsical, mostly acoustic instrument band, that promises to weave together gypsy, indie rock, folk, power pop, and haunted circus music. Their music inspires waltzing, laughter, and a sense of curiosity, mystery, and merriment.

Named “Best Folk Band” in Colorado Springs by the Independent (2011 and 2012), they were the winner of the 2009 Pikes Peak Arts Council Award for Excellence in the Arts in the Popular Music category.

Tickets for the April 12 concert can be purchased for \$15.00 in advance through the website: <http://www.hpcuu.org> or by phone at 719-260-1367

Events Calendar April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Meals on Wheels 11:30 am - 01:00 pm Spirit in Practice 7:00 pm - 9:00 pm	2	3 Welcoming Congregation Comm 6:00 pm - 9:00 pm	4 Stitchers/Hands 1:00 pm - 2:30 pm Coming of Age... 5:00 pm ... Parent/Child U&I 6:00 pm - 8:30 pm	5 Coming of Age... ...8:00 pm
6 UUA Book Fair 9:30 am - 12:00 pm Fostering Hope Team 11:45 am 8th Grade OWL 12:30 pm - 2:00 pm YRUU at All Souls with OWL and COA 12:30 am - 2:30 pm	7	8 Meals on Wheels 11:30 am - 01:00 pm Spirit in Practice 7:00 pm - 9:00 pm	9 Membership Team 6:00 pm - 7:30 pm SPACE Team 6:00 pm - 8:30 pm	10 Welcoming Congregation Comm 6:00 pm - 9:00 pm	11 High Plains Sisters 7:00 pm - 9:00 pm	12 Concert Musicians 6:00 pm - 10:00 pm Music Series Concert 7:30 pm - 9:00 pm
13 UUA Book Fair 9:30 am - 12:00 pm Foster Family Support 11:30 am - 01:00 pm 8th Grade OWL 12:30 pm - 2:00 pm YRUU at All Souls 12:30 pm - 2:30 pm	14	15 Meals on Wheels 11:30 am - 01:00 pm Spirit in Practice 7:00 pm - 9:00 pm	16 Board Meeting 6:30 pm - 9:30 pm	17	18 Stitchers/Hands 1:00 pm - 2:30 pm Hip Parents Group 06:00 pm - 09:00 pm	19 Marian House 7:00 am - 2:00 pm Issues on Aging 10:30 am - 12:00 pm
20 UUA Book Fair 9:30 am - 12:00 pm 8th Grade OWL 12:30 pm - 2:00 pm YRUU at All Souls 12:30 am - 2:30 pm	21	22 Meals on Wheels 11:30 am - 01:00 pm Professor Finkelstein 6:00 pm - 8:30 pm Soul Matters Group 7:00 pm - 9:00 pm	23	24	25	26
27 UUA Book Fair 9:30 am - 12:00 pm Climate Change Ministry 11:30 am - 1:30 pm 8th Grade OWL 12:30 pm - 3:00 pm YRUU at All Souls 12:30 am - 2:30 pm	28	29 Meals on Wheels 11:30 am - 01:00 pm	30 Soul Matters Newcomers Group 7:00 pm - 9:00 pm			

Be sure to check the Events Tag on the website at www.hpcuu.org for additions and corrections to the calendar.

April Services - Awakening!

April 6: *"Awaken to the Living Waters of Beloved Community and Your Life"* with the Rev. Beatrice Hitchcock. In all we do, we can choose to drink from the warm water on the surface, or to delve deep for the cool, living water that flows below. New Member Welcome Ceremony.

April 13: *"Awaken to New Possibilities in Love and Equality"* with the Rev. Beatrice Hitchcock. A Palm Sunday service. The story of Jesus' final week in Jerusalem holds lessons for today in alternatives to using power over others. What is triumph, when it is not the defeat of our enemies?

April 20: *"Awakening to Resurrection: Springtime, Passover, and Easter"* with the Rev. Beatrice Hitchcock. Easter Sunday Service. As human beings, we are called to transcend our own dark times and awaken to our highest selves. Easter, in its religious and secular forms, serves as a seasonal reminder of this.

April 27: *"The Earth Re-Generation Generation"* with Steve Todd. An Earth Day Observance. Maintaining Active Hope in the face of the Climate Change Crisis. In the words of Paul Hawken: "If you look at the science about what is happening on earth and aren't pessimistic, you don't understand the data. But if you meet the people who are working to restore this earth and you aren't optimistic, you haven't got a pulse." (A special presentation on the work of the UU Church of Boulder's Climate Change Ministry will follow the service at 11:30 am.)



Minister's Musings

by Rev Beatrice Hitchcock

Spring is a natural time to think about awakening. The earth is awakening to new life. The ancient rites of spring celebrate the awakening of plants and animals and freshets of water. The holiday of Passover celebrates the awakening of the Jewish people to a new life in freedom. The holiday of Easter celebrates the awakening of Jesus to new life, and from that the awakening of Christians into new faith.

And right now, High Plains Church is awakening to the idea of new life. You may not know the form that this will take for your church yet, but you are thinking about new ways of being together as people of covenant, new ways of organizing your teams and small groups, new forms of spiritual practice and of worship, new ways of relating to the world around you.

More than opening your eyes, or even your mind, I believe that awakening requires opening your heart. It is so easy to box ourselves into comfortable ways of being. When we know what we believe, who we want to associate with, what we like to eat, where we like to go, etc... we close ourselves off to awakening to new possibilities. By opening our hearts to new experiences, new ideas, new life in all its manifestations, we become people of awakening.

In March, I attended a UU Minister Association continuing education retreat in Loveland, Colorado. The topic was "Preaching by Heart: The Art of Preaching Without a Script." I was quite sure that I was not interested in learning how to preach without a manuscript - I have been preaching for 25 years and have found a style that I am comfortable with. But out of respect for my colleagues, I listened and paid attention... and awakened to a new possibility. In fact, I discovered that preaching without a manuscript may be the next logical step for me in preaching from my heart.

Lest you think I am speaking purely metaphorically, I will remind you that the heart contains about 40,000 neurons, comparable to a subset of the brain, and receives, processes, and transmits information independently of the brain.

You will see the results of my awakening during Sunday services this month. Rather than judging them from the box of your comfort zone, I hope that you will open your hearts to this new experience. So in this month of resurrection and new life, I invite you to open your hearts, and awaken to all that awaits you.

Thank You

Thank you to **Bobbi Forster** who, for the past eleven years, has called the church's Sunday visitors, and invited them back.

Thanks to **Merle Stryker**, who has begun work as church Historian.

Thank you to the **Aesthetics Team**: Karen Clemmensen, Ann Harris, John Atkinson, Nancy Bentley, for their continuing efforts on outside signage and beautifying the fellowship hall. Funds are still needed to pay for the banners that will grace the main wall. (See the illustrations on the coffee counter.)

Thanks to **Heather Mitchell**, who has offered to serve as church Librarian. The library will now be moved from the High School Room into the Fellowship Hall.

Thank you to **Gretchen Cutts**, who will be the new Volunteer Coordinator for HPCUU.

Wishes

A **Building and Grounds Team** to assist Jonathan Herdt with maintenance and repairs.

Minister's Schedule

Rev. Beatrice Hitchcock: office phone 260-1080 x 2, cell phone 907 841-0738, email minister@hpcuu.org. Regular office hours are Tuesday - Thursday, 9:00 am to 3:00 pm. I am available at other times by appointment. Friday and Saturday are usually sermon-writing days at home. *Italics indicate off-site meetings.*

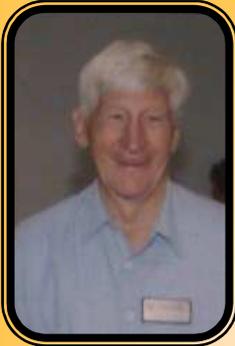
Tues, April 1	office hours Spirit in Practice	9:00 am - 3:00 pm 7:00 pm - 9:00 pm
Wed, April 2	office hours <i>house blessing</i>	9:00 am - 3:00 pm 6:00 pm
Thu, April 3	office hours <i>driving to District Assembly</i>	9:00 am - 12:00 pm
<i>Fri-Sat, April 4-5</i>	<i>District Assembly, Sheridan, Wyoming</i>	
Sun, April 6	service	9:00 am - 12:00 pm
Tue, April 8	office hours Spirit in Practice	9:00 am - 3:00 pm 7:00 pm - 9:00 pm
Wed, April 9	office hours Membership greeter training	9:00 am - 3:00 pm
Thu, April 10	office hours Welcoming Congregation	3:00 pm - 6:30 pm 6:30 pm
Fri, April 11	Pastoral Care Associates	6:30 pm - 8:30 pm
Sun, April 13	service	9:00 am - 12:00 pm
Tue, April 15	office hours Spirit in Practice	9:00 am - 3:00 pm 7:00 pm - 9:00 pm
Wed, April 16	office hours Board	9:00 am - 3:00 pm 6:30 pm
Thu, April 17	office hours	9:00 am - 3:00 pm
Sun, April 20	Easter service	9:00 am - 12:00 pm
<i>Mon-Fri, Apr 21-25</i>	<i>Accredited Interim Minister Guild Meeting, Texas</i>	
Sun, April 27	service Active Hope presentation	9:00 am - 11:30 pm 11:30 am
Tue, April 29	office hours Transition Team	9:00 am - 3:00 pm 4:30 pm
Wed, April 30	office hours Newcomers Soul Matter	9:00 am - 3:00 pm 7:00 pm - 9:00 pm

An Invitation to Help Stop Climate Change:

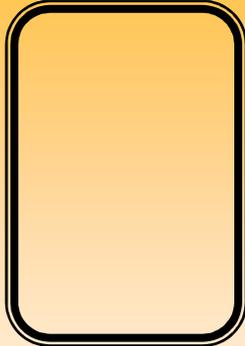
"Active Hope: Working Together to Stop Climate Change"

In this one-hour presentation on Sunday, April 27th, at 11:30 am, Susan Secord and Steve Todd will discuss the work of the Unitarian Universalist Church of Boulder's Climate Change Ministry. They're excited to share about their group's work to date, with a special emphasis on their partnership with Citizens' Climate Lobby (CCL), a non-partisan organization working to pass national legislation that will put a price on carbon. Their Climate Change Ministry helped to found the Boulder CCL chapter last April and has become very involved in its mission. CCL is an amazingly effective organization whose way of being in the world is very aligned with our seven principles. They'd like to invite High Plains to consider joining them in this partnership.

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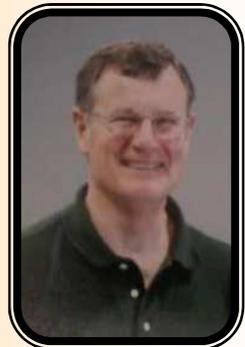
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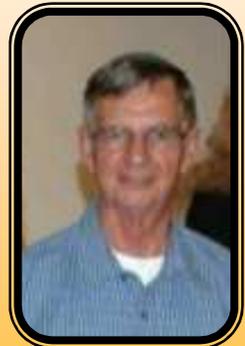
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Living Our Values

James Doty, High Plains member for 6 years, recently had a chance to help Care & Share Food Bank, which serves over 100,000 food insecure people in southern Colorado. James spoke to 850 people at their annual Recipe for Hope luncheon at the Broadmoor, about his experience with the Care & Share Food pantry established at Edith Wolford Elementary School for families who lost their homes in the Black Forest Fire. The audience was touched to hear how much the pantry means to James, not just in terms of the fruit snacks, books and spaghetti available, but because it also makes him feel supported by the school and larger community.

The fundraiser surpassed Care & Share's goal, raising money for 1,202,125 meals for southern Colorado. James received more notoriety when a write-up appeared in The Gazette, prompting donations of Legos to arrive from different parts of the community. James is bagging them up into projects to donate, possibly to CASA, because he wanted to share the toys with others. James was proud to help and is now pursuing more volunteer activities at the Care & Share warehouse.

HPCUU Caring

By Meighan Powell

Please keep in your hearts ...

Jonathan Herdt's sister, Penelope, who lost her husband and childhood sweetheart Tony on March 23rd.
The many members of our community who have lost beloved animals this month.
The families battling on going health problems and recovering from injuries:

- ◆ Jan Gugeler's mother in Ohio,
- ◆ Jean MacIntosh who was injured in a car accident,
- ◆ Brian McCormick who is healing from an injury,
- ◆ Bret Wright's mother who is in kidney failure,
- ◆ the Powell and Wilkerson Families with ongoing health problems.

The Caring Team is here for you ...

Whether you need a helping hand, a ride to the doctor, meals delivered to your home, or other assistance, the Caring Team is here to help. Please let us be there for you, and please notify us of any of our members and friends who may need help or appreciate a card for a joy or a sorrow by emailing caring@hpcuu.org. You may also contact a member of the Caring Team: Meighan Powell, Phyllis Dunn, Michelle Bull, or Jennifer Centric.

Need an ear to listen... For assistance from a member of the Pastoral Care Team email: pastoralcare@hpcuu.org or contact any member of the Pastoral Care Team: Merl Will-Wallace, Karen Clemmensen, Michelle Bull, Bill Hein, Gloria Carpenter, John Atkinson, Amanda Udis-Kessler, or Rev. Beatrice Hitchcock.

If you are interested in being added to a list of volunteer meal makers please send an email to caring@hpcuu.org letting us know.



Act for Social Justice

by Julie Feuerbach



As a faith community where people act for social justice, members and friends of High Plains Church are involved with a variety of activities within our community. Some of these are fairly new; others have been happening for more than 15 years! Each month, I will be highlighting one or more of our HPCUU Social Justice activities in the newsletter for the purpose of keeping everyone informed as to what we are doing to “live out” our mission of being a “...caring faith community where people gather to...act for social justice.” In addition to the newsletter, please check out the Social Justice table in the fellowship area and the HPCUU website for more information.

This month I'd like to provide a brief overview of all the social justice ministries at HPCUU. Currently, we focus on three areas: environment, human rights, and poverty. The church has been set up to recycle, we use free trade products, and we provide an annual electronics recycling service to the community. A number of members have expressed an interest in working on a Green Sanctuary project so let me know if this is of interest to you!

Economic justice activities include Adopt-a-Family, American Charities, Meals on Wheels, Marion House Soup Kitchen, and Habitat for Humanity. In the area of Human Rights, we continue to support the annual Colorado Springs Pridefest parade, serve as a support network for two foster families through the Fostering Hope program, and are proud to be a certified Welcoming Congregation! In fact, we are currently in the process of renewing our Welcoming Congregation status in an effort to deepen and broaden our congregation's welcome and inclusion of all.

High Plains Church continues to support other Social Justice organizations. We participate in the annual Unitarian Universalist Service Committee program “Guest at Your Table” and raise money for “Trick-or-Treat for UNICEF.” One Sunday per month, offerings from the congregation go to a local non-profit group that represents UU principles.

If you have an idea for a social justice project you'd like to implement at High Plains or you would like to get more information about one of our current projects, please contact me at socialjustice@hpcuu.org or find me at church. I'd love to hear from you!

Julie Feuerbach,
Social Justice Coordinator

Marian House Soup Kitchen

Saturday, April 19th

Help make or serve a meal at the soup kitchen in April with All Souls Unitarian Church. Marian House has an amazing kitchen/dining facility to feed the homeless.

First Shift: 7:00 am - 10:00 am Food Prep

We cook a nourishing meal for 500+ people in small teams of three.

Nice way to meet and chat with fellow UU's as you chop and dice.

High schoolers welcome!

Second Shift: 10:00 am - 1:00 pm Food Service

Please remember to wear long pants and comfortable closed toe shoes. Aprons and gloves are provided. Carpool from church at 6:30 am.

Gail Ballare
soupkitchen@hpcuu.org

Peace Camp 2014

By Lori Sly

What are your children or grandchildren doing this summer? Would you like them to learn about some Unitarian Universalist values in a fun way?

Peace Camp 2014 is scheduled for Monday through Friday, July 14-19 at Beth-El Mennonite Church, 4625 Ranch Drive. Tuition is \$125. This day camp is an exciting alternative where children ages 6-13 are immersed in the basics of peace, justice, and sustainability. Ages 14 and above are also provided opportunities to act as counselors. The optional final day's session includes a pinnacle overnight campout, July 19-20, at Rocky Mountain Mennonite Camp in the mountains behind Pike's Peak. To get more information, or to register, visit the website at <http://www.ppjpc.org/peace-camp/>. Look for James Doty, Aidan Helvey, Kiya Wilkinson, Elizabeth Wilkinson and Lori Sly, all from our church, in the promotion video from summer 2012.



The Best of "Boston" Comes to HPCUU

UUA Book Fair at High Plains Church in April

By Beatrice Hitchcock

For the month of April, High Plains Church members, friends, and visitors will have the opportunity to browse through a wide selection from the Unitarian Universalist Association Bookstore. The most popular titles from the UUA's two publishing houses, Beacon Press and Skinner House Books, will be here and available for purchase on the spot - no ordering, no waiting, no shipping fees.

Choose from selections of children's books, UU parenting, spiritual practice, meditation collections, UU history, LGBT issues, social justice, humanism, service within the church, and much more.

Sunday mornings, before and after the worship service, members of the Welcoming Congregation Renewal Team will staff the Book Fair for your reading delight. All profits from sales will go to provide start-up funds for this newly formed team, working to ensure a warm welcome for all lesbian, gay, bisexual, and transgender (LGBT) people at High Plains Church.

Spirit in Practice Class Continues

Drop-Ins Welcome

By Beatrice Hitchcock

The Spirit in Practice class led by Rev. Beatrice Hitchcock is in process, and runs through April 15. Each week's lesson is independent, so you are welcome to join the class at any time.

April 1: Body Practices and Soul Practices.
 April 8: Life Practices and Justice Practices.
 April 15: Looking Back and Moving Forward.

Regular spiritual practice is an important part of being a healthy human being, and having resources to draw from in times of crisis. Whatever spiritual path you journey on, Spirit in Practice will offer you ways to enrich your faith journey and grow in spiritual maturity.

Participants will need a journal for their personal notes. A communal altar will be created each week, and participants are invited to bring meaningful objects to share there.

Meeting Tuesday evenings in the Sanctuary from 7:00 pm to 9:00 pm. Individual sessions are \$7.00 each. Scholarships are available: dff@hpcuu.org. Please fill out a registration form at the Adult Religious Education table in the social room.

Lean on Me

By Karen Clemmensen

Bill Withers' song lyrics remind us that "Sometimes in our lives...(we) all need somebody to lean on." In some churches that person is the minister and in other churches, because of the size of its membership or the part-time nature of its minister's service, lay pastoral care associates fulfill that role. At High Plains Church the members of your Pastoral Care Team have covenanted to provide compassionate and confidential support to our membership through listening, accepting and companionship.

The twists and turns on life's journey can confuse us, can disappoint us, can thrill us, and can overwhelm us. By listening with a compassionate ear and by sitting with you through periods of sacred silence, a member of our team will be present to and with you as you consider your life story. We are not here to proffer solutions but to walk with you as you consider your options and your feelings about them. We will accompany you as you strive to reach some understanding and peace and wholeness. We are not counselors or therapists but we can offer a list of local professionals. We do not duplicate the services of the HPCUU Caring Team, but we can communicate your family's need to them. We exist to companion you through the feelings and problems that can be engendered by life events.

The HPCUU communal prayer at worship services allows our congregants to honor the joys and sorrows of our lives; however, sometimes we need an opportunity to speak at more length about those milestones we carry in our hearts. A pastoral care associate is available with an open heart and listening ear after services at the pastoral care corner in the sanctuary. Church members can also obtain longer-term support for themselves, their families or their friends by contacting our minister (minister@hpcuu.org) or the pastoral care team (pastoralcare@hpcuu.org).

April Issues on Aging

By Sue Neufeld

We will meet on Saturday, 19 April 2014 at 10:30 am in the Middle School classroom. Sue Neufeld will facilitate our discussion of living with and/or accepting physical limitations as we age. How many limitations are you struggling with - hearing loss, declining eyesight, chronic health conditions, or mobility issues? What are the obstacles - a suitable home, finances, or community support? How will we know when assistance is needed?

Welcome to the Welcome Team!

By Kim Doty

The membership team is morphing. High Plains membership will always be a major focus of the team, but the name didn't reflect much of what we do and can be intimidating to a new visitor. Much of our time and efforts center around greeting people arriving for services, and our new name reflects that. Our new mission statement does as well:

1. The Welcome Team greets visitors and members, engaging them throughout our community;
2. Inspires Unitarian Universalism knowledge and understanding, and
3. Facilitates the High Plains mission by connecting people.

The team will be holding a training on April 9th at 6:00 pm at the church, and you can expect to see some other changes around our Welcome table. Some members have recently moved onto other teams and responsibilities, so we have openings. The core membership group focuses on classes, new member Sundays and facilitating people joining the church. The greeter sub-team works the door and welcome table on Sundays, handing out Orders of Service, creating or locating name tags, and connecting visitors and newcomers to the existing congregation, to include coffee hour. We also follow up with visitors and newcomers.

We are always open to new teammates and departing team members Gail Ballare, Bobbi Forster, Kathy Neil and Rick Koon (who we gratefully acknowledge and thank for a couple decades of service between them) leave more openings.

If you would like to welcome people to High Plains one Sunday a month, please contact membership@hpcuu.org or either team co-lead, Kim Doty or Kelly Miller, and plan to attend the training with Rev. Beatrice, Jessica Laike and the team on Wednesday, April 9th at 6:00 pm. Team meetings are almost always optional after training, so the time commitment is simply a few hours one Sunday a month.

April 23 Finkelstein Talk

By Lori Sly

Professor Norman Finkelstein is accustomed to being booted out of speaking engagements after certain locals discover he is scheduled to speak somewhere. He's coming to Colorado Springs in April, and he's warned the local Middle East Peace Project sponsors about this. Organizations often back out from hosting him when they come under intense pressure from "Zionist" groups who don't agree with his opinions. I've already heard from organizers here that some Colorado College political science professors are afraid to host him. I'm a member of the Middle East Peace Project, and that information has caused me to ask High Plains Church to be on standby as a back-up location for one of his speeches. It's wonderful to be a member of a church where I feel comfortable to do that.

The Israel-Palestine situation interests me because actions there have caused widespread resentments that fuel much international conflict in today's world. This includes the terrorist acts against the U.S. on September 11, 2001. A crucial step to preventing future violent incidents is to review not only the true cost of incidents and policies on every type of victim, but also the roots of the conflict. I aim to better understand this dispute by learning from many perspectives, not just one.

The fact that anyone, whoever they are, wants to stop Finkelstein from speaking, makes me that much more interested in hearing what he has to say.

A history of Finkelstein suppression is why High Plains Church was asked to be a standby location for his Colorado Springs speaking engagement elsewhere on April 22. But regardless of what happens with that time and location, he will definitely speak in Colorado Springs on April 23. I hope to see many of you on April 23, at the Tim Gill Center for Public Media (a building sponsored by PBS for non-profits to use) at 6:30 pm. The address is 315 E. Costilla Street. It is free and open to the public, although donations are welcome to help cover the costs.

Intergenerational Book Club

By Heather Mitchell

For our next meeting, the Intergenerational Book Club is using the themes of gender identity or GLBTQ issues as part of the Welcoming Congregation program. (GLBTQ stands for gay, lesbian, bisexual, transgender, or

questioning/queer). Please choose a book within those topics. If you're not sure what to read, here is a recommendation: *Redefining Realness: My Path to Womanhood, Identity, Love & So Much More*, by Janet Mock. It is available from Amazon, Barnes & Noble, or the Pikes Peak Library District. We meet May 6 in the Main Sanctuary from 6:00 pm - 8:00 pm.



HPCUU

1825 Dominion Way
Colorado Springs CO 80918

High Plains Church 719-260-1080
Unitarian Universalist

Member of Unitarian Universalist Association

Sunday Services at 10:00 AM

Come Join Us!

Inside:

Music Series

**Social Justice
Marian House**

Send Comments to: editor@hpcuu.org
Send Articles to: newsletter@hpcuu.org

**Please submit your articles for the May newsletter
by April 25, 2014**

High Plains Stitches

Bring your stitching project (or any easily transportable craft) and join us at La Tartine at 1420 Kelly Johnson Blvd, 80920. This location has a full lunch menu as well as beverages and yummy pastry items. We meet on the 1st and 3rd Fridays from 1:00 pm - 2:30 pm. And if you don't have any stitching or crafting, come anyway and just "hang out" with us!

Questions? Contact Janet at stitchers@hpcuu.org



Water (Ionized, Alkaline) – What you should be drinking
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